

Ada-Borup Breakfast & Hot Lunch Menu - January 2018

Monday

No School
Christmas Break

1

Tuesday

No School
Christmas Break

2

Wednesday

Breakfast:
Long John or Cereal,
Hard Boiled Egg
Lunch:
Spaghetti with Meat Sauce,
Bread Stick, Broccoli/Cauliflower
Fruit Choice
Soup/Sandwich:
White Chicken Chili/Peanut Butter & Jelly

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Thursday

Breakfast:
Strawberry Yogurt Parfait,
or Cereal, Toast
Lunch:
Chicken Tenders, Oven Potatoes,
Carroteenies, Dinner Roll,
Fruit Choice
Soup/Sandwich:
Chicken Noodle/Tuna

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Friday

Breakfast:
Dutch Waffle, Syrup,
or Cereal
Lunch:
Pepperoni Pizza,
Carroteenies, Celery Stick,
Fruit Choice
Soup/Sandwich:
Cheeseburger/Peanut Butter & Jelly

5

Breakfast:
French Toast Sticks, Syrup,
or Cereal, Sausage
Lunch:
Oven Baked Chicken Leg,
Tri-Tater, Bread,
Fruit Choice
Soup/Sandwich:
Taco/Turkey

8

Breakfast:
Muffin or Cereal,
Cheese Stick
Lunch:
Taco in a Bag, Shredded Lettuce,
Diced Tomatoes, Shredded Cheese,
Steamed Broccoli, Fruit Choice
Soup/Sandwich:
Tomato/Assorted

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Breakfast:
Cinnamon Roll,
or Cereal, Toast
Lunch:
Chicken on Hoagie Bun,
Hash Browns, Baked Beans,
Fruit Choice
Soup/Sandwich:
Mexican Tortilla/Peanut Butter & Jelly

10

Breakfast:
Maple Burst Pancakes, Syrup,
or Cereal, Yogurt, Apple Wedges
Lunch:
Orange Chicken,
Rice Blend, Egg Roll
Fruit Choice
Soup/Sandwich:
Potato/Turkey

11

Breakfast:
Chocolate Chip Muffin
or Cereal, Hard Boiled Egg
Lunch:
Italian Dunkers, Marinara Sauce,
Steamed Vegetable,
Fruit Choice
Soup/Sandwich:
Vegetable Beef/Roast Beef

12

Breakfast:
Cougar Stick, Syrup,
or Cereal,
Lunch:
Philly Steak Sandwich, Baked Beans,
Steamed Vegetable, Fruit Choice
Soup/Sandwich:
Cheesy Vegetable/Ham

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Breakfast:
Frufels or Cereal,
Hash Browns
Lunch:
Chicken Nuggets,
Tri-Tater, Vegetables,
Dinner Roll, Fruit Choice
Soup/Sandwich:
White Chicken Chili /Beef

16

Breakfast:
Long John or Cereal,
Hard Boiled Egg
Lunch:
Hamburger on Bun, Sun Chips,
Mixed Vegetables, Fresh Vegetables
Fruit Choice
Soup/Sandwich:
Chicken Wild Rice/Turkey

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Breakfast:
Strawberry Yogurt Parfait,
or Cereal, Toast
Lunch:
Corn Dog, French Fries,
Calico Beans, Fresh Vegetables
Fruit Choice
Soup/Sandwich:
Taco/Assorted

18

No
School

19

Breakfast:
Cougar Stick, Syrup,
or Cereal
Lunch:
Tater Tot Hotdish,
Steamed Vegetables
Fruit Choice
Soup/Sandwich:
Mexican Tortilla/Beef

22

Breakfast:
Muffin or Cereal,
Cheese Stick
Lunch:
Baked Chicken Breast, Peas,
Roasted Baby Reds, Bread,
Fresh Vegetables, Fruit Choice
Soup/Sandwich:
Tomato/Assorted

23

Breakfast:
Cinnamon Roll,
or Cereal, Toast
Lunch:
Lasagna Roll Up, Bread Stick,
Broccoli Normandy
Fresh Vegetables, Fruit Choice
Soup/Sandwich:
Chicken with Dumplings/Egg Salad

24

Breakfast:
Maple Burst Pancakes, Syrup,
or Cereal, Yogurt, Apple Wedges
Lunch:
Hamburger Gravy, Carrots,
Mashed Potatoes, Bread,
Fresh Vegetables, Fruit Choice
Soup/Sandwich:
Potato/Turkey

25

Breakfast:
Toast or Cereal,
Hard Boiled Egg
Lunch:
Pepperoni Pizza, Green Beans,
Fresh Vegetables, Fruit Choice
Soup/Sandwich:
Chicken Wild Rice/Ham

26

Breakfast:
French Toast Sticks, Syrup,
or Cereal, Sausage
Lunch:
Pork Roast, Gravy,
Mashed Potatoes,
Whole Grain Bread; Fruit Choice
Soup/Sandwich:
Chicken with Dumplings/Turkey

29

Breakfast:
Frufels or Cereal,
Hash Browns
Lunch:
Chicken Nuggets, Oven Fries,
Steamed Vegetables, Bread,
Fruit Choice
Soup/Sandwich:
Mexican Tortilla, Peanut Butter & Jelly

30

Breakfast:
Long John or Cereal,
Hard Boiled Egg
Lunch:
Chicken Fajita,
Lettuce, Tomatoes,
Spanish Rice, Fruit Choice
Soup/Sandwich:
Tomato/Assorted

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- Juice & Milk Offered Every day at Breakfast
- Fruit Choice Offered Every day at Breakfast & Lunch
- Salad Bar Available Every day for Grades 3-12
- Soup & Sandwich of the Day Offered for Grades 5-12

This institution is an equal opportunity provider

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