

Ada-Borup Breakfast & Hot Lunch Menu - May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
	<p><u>Breakfast:</u> French Toast Sticks, Syrup, Sausage Patty, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Pork Roast, Vegetable, Mashed Potatoes/Gravy, Whole Grain Bread, Fruit Cocktail</p> <p><u>Soup & Sandwich:</u> Chicken with Dumplings/Turkey</p>	<p><u>Breakfast:</u> Frufels, Hash Browns, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Chicken Nuggets, Oven Fries, Steamed Vegetable, Bread, Fruit</p> <p><u>Soup & Sandwich:</u> Mexican Tortilla/ Peanut Butter & Jelly</p>	<p><u>Breakfast:</u> CinnaMini Breakfast Bar, Sausage Link, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Hot Ham & Cheese on Whole Grain Bun, Tomato Soup, Belgian Carrots, Fruit</p>	<p><u>Breakfast:</u> Yogurt Parfait, Strawberries, Toast, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Italian Dunkers, Marinara Sauce, Country Vegetable Blend, Fruit</p> <p><u>Soup & Sandwich:</u> Cream of Broccoli/Ham</p>	<p><u>Breakfast:</u> Dutch Waffle, Syrup, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> All Beef Hotdog on a Whole Grain Bun, Baked Beans, Ripple Chips, Carroteenies & Ranch Cup, Mandarin Oranges, Cookie</p> <p><u>Soup & Sandwich:</u> Tomato/Beef</p>		
7	8	9	10	11	12	13	
	<p><u>Breakfast:</u> Cougar Stick, Syrup, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Diced Chicken in Gravy, Mashed Potatoes, Corn, Bread, Apple, Fruit</p> <p><u>Soup & Sandwich:</u> Vegetable Beef, Beef</p>	<p><u>Breakfast:</u> Maple Burst Pancakes, Syrup, or Cereal, Apple Wedges</p> <p><u>Lunch:</u> Chicken Fajitas on Tortilla, Spanish Rice, Lettuce, Tomato, Fruit</p> <p><u>Soup & Sandwich:</u> Cream of Broccoli/Turkey</p>	<p><u>Breakfast:</u> Cinnamon Roll, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Spaghetti with Marinara Sauce, Whole Grain Bread Stick, Broccoli/Cauliflower, Fruit</p> <p><u>Soup & Sandwich:</u> Bean & Ham Peanut Butter & Jelly</p>	<p><u>Breakfast:</u> Whole Grain Muffin, Cheese Stick, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Chicken Tenders, Oven Potatoes, Hot Vegetable, Whole Grain Roll Fruit</p> <p><u>Soup & Sandwich:</u> Chicken Noodle/Tuna</p>	<p><u>Breakfast:</u> Hard Boiled Egg, Toast, Yogurt, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Shrimp Poppers, Macaroni & Cheese, Warm Dinner Roll, Fruit</p> <p><u>Soup & Sandwich:</u> Cheesy Vegetable/Ham</p>		
14	15	16	17	18	19	20	
	<p><u>Breakfast:</u> French Toast Sticks, Syrup, Sausage Patty, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Chili Bar with Whole Grain Cini-Minis, Sour Cream, Crackers, Cheese, and more, Fruit</p>	<p><u>Breakfast:</u> Frufels, Hash Browns, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Chicken on Hoagie Bun, Oven Potato Wedges, Baked Beans, Fruit</p> <p><u>Soup & Sandwich:</u> Chicken with Dumplings/ Egg Salad</p>	<p><u>Breakfast:</u> CinnaMini Breakfast Bar, Sausage Link, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Ham Steak, Hash Browns, Whole Grain Bread, Green & Yellow Beans, Fruit</p> <p><u>Soup & Sandwich:</u> Tomato/Assorted Sandwiches</p>	<p><u>Breakfast:</u> Yogurt Parfait, Strawberries, Toast, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Whole Grain Crispitos, Monterey Jack Cheese, Salsa, Steamed Vegetable, Fruit</p> <p><u>Soup & Sandwich:</u> Potato/Turkey</p>	<p><u>Breakfast:</u> Dutch Waffle, Syrup, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Pepperoni Pizza, Coleslaw, Fresh Carrot/Celery Sticks, Apple, Peaches</p> <p><u>Soup & Sandwich:</u> Vegetable Beef/Roast Beef</p>		
21	22	23	24	25	26	27	
	<p><u>Breakfast:</u> Maple Burst Pancakes, Syrup, or Cereal, Apple Wedges</p> <p><u>Lunch:</u> Corn Dog, Spudster Potatoes, Hot Vegetable, Fruit</p> <p><u>Soup & Sandwich:</u> Chili/Peanut Butter & Jelly</p>	<p><u>Breakfast:</u> Cougar Stick, Syrup, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Chicken Nuggets, Potato, Fresh Vegetable, Whole Grain Bread, Fruit</p> <p><u>Soup & Sandwich:</u> Taco/Turkey</p>	<p><u>Breakfast:</u> Cinnamon Roll, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Italian Dunkers, Marinara Sauce, Green Beans, Coleslaw, Banana</p> <p><u>Soup & Sandwich:</u> Cream of Potato/Ham</p>	<p><u>Breakfast:</u> Whole Grain Muffin, Cheese Stick, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Hamburger on Bun, Baked Beans, Chips, Mixed Hot Vegetables, Fresh Fruit</p> <p><u>Soup & Sandwich:</u> Minestrone/Beef</p>	<p><u>Breakfast:</u> Hard Boiled Egg, Toast, Yogurt, or Cereal, Fruit Cup</p> <p><u>Lunch:</u> Baked Potato Bar, Nacho Cheese, Broccoli Cheese, Diced Ham, or Chili Sauces, Whole Grain Bread, Fruit</p> <p><u>Soup & Sandwich:</u> Chicken Wild Rice/Turkey</p>		
28	29	30	31				
	<p>Memorial Day - No School</p>	<p><u>Breakfast:</u> Cooks' Choice</p> <p><u>Lunch:</u> Cooks' Choice</p> <p><u>Soup & Sandwich:</u> Cooks' Choice</p>	<p><u>Breakfast:</u> Cooks' Choice</p> <p><u>Lunch:</u> Cooks' Choice</p> <p><u>Soup & Sandwich:</u> Cooks' Choice</p>	<p><u>June 1</u></p> <p><u>Breakfast:</u> Cooks' Choice</p> <p><u>Lunch:</u> Cooks' Choice</p> <p><u>Soup & Sandwich:</u> Cooks' Choice</p>	<p><u>June 2</u></p> <p>No Breakfast/Lunch</p>		
<p>*Juice & Milk Offered Everyday at Breakfast *Fruit, Vegetable, & Lettuce Available Everyday *Soup & Sandwich of the Day Offered for Grades 5-12 *Milk Options: Skim, 1%, Chocolate Skim</p> <p style="text-align: center;">This institution is an equal opportunity provider</p>							